

CURRICULUM VITAE

Dr Lynne Frances Jordan

Contact Details

11 Southdown House
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Lewes BN7 1SD

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Personal Details

British. D.O.B. 24/9/55. NI no: YW 37 71 72 A.

Married, 4 adult children, 9 grandchildren.

Full driving license. Fluent in written and spoken Swedish as a second language.

Accreditation and Membership of Professional Bodies

Chartered Psychologist - BPS Associate Fellow member no. 099403.

HPC Registered Practitioner Psychologist no PYL15566

BACP Accredited Counsellor - BACP no. 527508.

UKRC Independent Registered Counsellor – no. 527508.

Academic Qualifications

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| Doctorate in Psychotherapy by Professional Studies | 2008 |
| MSc in Counselling Psychology | 2002 |
| Post-Graduate Diploma in Psychological Counselling | 2000 |
| BSc(hons) Psychology | 1999 |
| Diploma in Working with Adult Survivors of Child Abuse | 1997 |
| A level Psychology & GCSE Psychology | 1995 |
| 6 'O' levels | 1971 |

Vocational Studies

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| EMDR levels 1, 2 & 3 | 2010-2011 |
| Introduction to Supervision 2-days/ Metanoia | 2003 |
| Supervision in Primary Care Workshop 1-day | 2002 |
| Certificates in Pastoral Counselling | 1991-1994 |
| Introduction in Family Therapy | 1996 |
| CRUSE Bereavement Counselling | 1994 |
| Solution Focused Brief Therapy | 1996 |
| HIV/Aids Counselling Skills | 1999 |
| Working with Survivors of Sexual Abuse | 1995 |
| Illegal Drugs Awareness | 1995 |
| Registered Nurse | 1975 |

Therapy and Supervision Experience

Therapy and supervision experience has been gained in a variety of settings over 25 years including pastoral, voluntary, statutory and private settings including work with individuals, groups, couples, families and children. Well over 40,000 hours of experience, I specialise in recovery from relational

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and environmental trauma and associated issues. Generic relationship problems and work and personal stress issues are also a focus of my work. My theoretical framework used to inform practice integrates Cognitive and Psychodynamic therapies within a relational framework with an attachment theory/ humanistic foundation. I am proactive in sessions to encourage clients to work to their best potential of recovery and therefore vastly improved quality of life.

Professional Activity

I am a Chartered Psychologist with the BPS and a Senior Accredited Counsellor with BACP. I am also a Registered Practitioner Psychologist with the new regulation body the Health Professions Council. I work as an Associate Lecturer with the Open University and I have academic roles as external examiner and visiting lecturer with several universities at Doctoral level. I am an Independent Consultant, Trainer, Supervisor and Practitioner within Breast Cancer Care, EAPs, health insurance companies, pastoral services, voluntary sector, social services and adult mental health. I am Clinical Director of Jordan Consultancy Ltd. I established a specialist service (WSI) for survivors of child sexual abuse in adult mental health and which I coordinated for 8 years. The WSI won local and national awards for 'Demonstrating Excellence' and for 'Making a Difference' within the mental health services. I have worked within private practice for 14 years with individuals over 8 years and couples with a wide range of presenting and underlying issues. I do media work in my area of expertise, representing psychology to the public. I have been Press and Information Officer on the Divisional Committee for Counselling Psychology (DCoP). I am a Coordinator of Training, an enrolment assessor and an examiner and moderator for trainee counselling psychologists on the DCoP Qualification. My doctoral product was an in depth training (M level equivalent) for multi-disciplinary teams in working adult survivors of childhood abuse set within an Action Research Project and the thesis explored and evaluated professionals' narratives around working with adult survivors within NHS. The findings have implications for generic training and professional development as well as transferrable competency in working with various kinds of trauma and recovery/ rehabilitation. As a consequence of the above I am frequently asked for input by the media into issues around Relational Trauma and abuse situations that attract attention by the media. I also engage in some mediation work for couples that are in difficult situations. This sometimes means I am involved in family proceedings. I am expert witness in consultation to courts and legal professionals considering effects of environment on wellbeing and psychological health and as consultant related to generic family and relationship issues as well as to do with immigration and asylum seekers.

Summary of Employment and Voluntary Experience

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| External Examiner Doctoral Theses | Regents College | 2010-ctd |
| Expert Witness | Jordan Consultancy Ltd | 2009-ctd |
| Clinical Director & Consultant | Jordan Consultancy Ltd | 2009-ctd |
| Associate Lecturer | Open University | 2008-ctd |
| External examiner for Doctoral theses | City University | 2008-ctd |
| Supervising Psychologist in Breast Cancer Care | Jordan Consult/WASH | 2008-ctd |
| Visiting Lecturer in DPsych | London Metropolitan Uni | 2008-ctd |
| Senior Lecturer in Counselling Psychology | London Metropolitan Uni. | 2007-08 |
| Board of Assessors, DCoP | British Psychological Society | 2007-ctd |
| Examiner / moderator QCoP (doctoral level) | British Psychological Society | 2007-ctd |
| Visiting Lecturer in Psychology | Brighton University | 2007-ctd |
| Press and Information Officer, DCoP | British Psychological Society | 2006-07 |
| Enrolment Assessor DCoP Qualification | British Psychological Society | 2006-ctd |
| Psychologist in Breast Cancer Care | Jordan Consult/WASH | 2005-08 |

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| Visiting Lecturer in Counselling Psychology | Roehampton University | 2005-06 |
| Co-ordinator of training DCoP Qualification | British Psychological Society | 2004-ctd |
| Highly Specialist Psychologist | Sussex Partnership MH Trust | 2003-07 |
| Counsellor with AAW Primary Care Trust | WSHSC MH Trust | 2001-03 |
| Group Therapist | East Sussex Probation | 2001 |
| Co-ordinator Domestic Violence Initiative | CRI (formerly SARO) | 1999-00 |
| Private Therapist & Trainer, Supervisor & Consultant | Self-employed | 1998-09 |
| Co-ordinator of Worthing Survivors' Initiative | WSHSC MH Trust | 1996-03 |
| Mental Health Line operator | WPC MH Trust | 1996-99 |
| Bereavement counsellor | CRUSE | 1995-96 |
| Mental Health Worker | The Hollies, MIND | 1995-96 |
| Child minder | Self-employed | 1988 / 93 |
| Pastoral worker/counsellor | Lancing Tab. Church | 1988-93 |
| RGN/HC assistant nurse with the elderly | Sweden | 1976-84 |
| RGN | WSG Hospitals | 1973-75 |

Personal Interests

Socialising with friends & family, my pets, reading, swimming, walking, music, art, theatre, cinema.

References

Professor Vanja Orlans

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London NW2 4PG

VanjaOrlans@btinternet.com

Professor Michael Carroll

73, Upper Church Road,

Carroll and Carroll

Weston Super Mare,

North Somerset

BS23 2HX

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MCarr1949@aol.com

Research, Workshops and Group Programme, Presentations, Awards

Jordan, L.F. (2012) '*Effects of chronic exposure to death experiences on children and adolescents*'. In process.

Jordan, L.F. (2012) '*Loss and effects on wellbeing on parents and families of disabled children*'.

1-day workshop for social workers and occupational therapists in adult and child services. West Sussex County Council, Worthing, February 2012.

Jordan, L.F. (2011) '*Working with survivors of abuse: Attachment, Dilemmas and Complexities*'.

4-day workshop for psychologists, counsellors and CBT therapists. Taunton, Somerset Community RightSteps to Emotional Health and Wellbeing.

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Jordan, L.F. (2011) *'Therapeutic Interventions in working with survivors of abuse'*. 1-day workshop, Lewes, north of Brighton, East Sussex. Southover Counselling.

Jordan, L.F. (2010) *'Working with survivors of abuse: Attachment, Dilemmas and Complexities'* 1-day workshop, Lewes, north of Brighton, East Sussex. Southover Counselling.

Jordan, L.F. (2005-ongoing) *'Basic counselling skills'* Day workshop for social workers in adult and child services. West Sussex County Council, Worthing, first presented 2005, Worthing, West Sussex and on-going 1-2 annually.

Jordan, L.F. (2005-2011) *'Peri-natal mental health'* Day workshop for social workers in adult and child services. West Sussex County Council, Worthing, first presented 2008-2011 annually Worthing, West Sussex.

Jordan, L.F. (2009) *'Relational Trauma'* in *'Handbook of Counselling Psychology'*, 3rd ed.. Edited by Woolfe, R., Dryden, W., Strawbridge, S. and Douglas, B.. Published by Sage Autumn 2009.

Jordan, L.F. (2011) *'Working with survivors of abuse: Attachment, Dilemmas and Complexities'* 2-day workshop, British Psychological Society Learning Centre, London, UK.

Jordan, L.F. (2010) *'Working with survivors of child sexual abuse'*. Introductory Workshop St Catherine's Hospice, Crawley, West Sussex, UK.

Jordan, L.F. (2008) *'Working therapeutically with adult survivors of child abuse: introducing attachment based working as a relational model for therapy with survivors'*. Half-day workshop for British Psychological Society, Division of Counselling Psychology, Scotland, Glasgow 2008, UK.

Jordan, L.F. (2008-2010) *'Working with survivors of abuse: Issues, Dilemmas and Complexities'* 2-day workshop, British Psychological Society Masterclasses of Division of Counselling Psychology, London, UK, 2008-2010 annually.

Jordan, L.F. (2008-2011) *'Working with survivors of abuse: Issues, Dilemmas and Complexities'* 1-day workshop, Surrey University Doctoral Students in Counselling Psychology, Guildford, Surrey, UK.

Jordan, L.F. (2007-2008) *'Working with survivors of abuse: Issues, Dilemmas and Complexities'* 1-day workshop, British Psychological Society Masterclasses, Division of Counselling Psychology, London, UK, 2007-2008 1-2 times annually.

Jordan, L.F. (2008) *'Into the Centre of the Fire: Working with Adult Survivors of Abuse'*. Doctoral project and final thesis for Doctorate in Psychotherapy by Professional Studies at Metanoia Institute and Middlesex University. Unpublished.

Jordan, L.F. (2007) *'Victims of Violence and Abuse Prevention Programme'*, Department of Health, National Institute of Mental Health in England, Home Office, participant in national consultation and Delphi research project to establish norms, scale and treatment recommendations for children and adults survivors of violence and abuse.

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- Jordan, L.F. (2007) '*Working with Dissociation: issues and dilemmas*'. 1-day workshop for Life Centre, Chichester, West Sussex, UK.
- Jordan, L.F. (2007) '*Trauma, Abuse and VVAPP*' Counselling Psychology Review, vol. 22, no 2.
- Jordan, L.F. (2007) '*Attachment-Based Counselling.... Could this be an ABC of Psychological Therapies?*' Counselling Psychology Review, vol. 22, no. 1.
- Jordan, L.F. (2007) '*Resilience and Secure Base*'. Presentation to Division of Counselling Psychology conference.
- Jordan, L.F. (2005) '*Working With Adult Survivors of Abuse*': 'M' level training for mental health professionals, West Sussex Health and Social Care NHS Trust. Peer reviewed and implemented in-house.
- Jordan, L.F. (2005) '*Basic counselling skills*' Day workshop for social workers in adult and child services. West Sussex County Council, Worthing, first presented 2005, Worthing, West Sussex and on-going 1-2 annually.
- Jordan, L.F. (2005) '*Peri-natal depression*' Day workshop for social workers in adult and child services. West Sussex County Council, Worthing, first presented 2008-2011 annually Worthing, West Sussex.
- Jordan, L.F. (2004) '*Issues and Dilemmas: Working with Adults Sexually Abused in Childhood*'. 1-Day Awareness Workshops. West Sussex, Health and Social Care NHS Trust, peer reviewed and implemented in-house.
- Jordan, L.F. (2004) '*Working with survivors*': in-house clinical psychologist trainee workshop, West Sussex Health and Social Care NHS Trust. Peer reviewed and implemented in-house.
- Jordan, L.F. (2002) '*A Narrative Analysis of the Influence of Child Sexual Abuse and Subsequent Therapy on the Self-concept of Five Adult Survivors*'. Presentation to Division of Counselling psychology conference.
- Jordan, L.F. (2002) '*A Narrative Analysis of the Influence of Child Sexual Abuse and Subsequent Therapy on the Self-concept of Five Adult Survivors.*' In Partial fulfilment of MSc In Counselling Psychology, University of Surrey, Roehampton.
- Jordan, L.F., Weinstein, S. & Van-Ryan, C. (2001) '*How Much is Enough? Comparisons of lay people and counsellors' views of optimum amount of sessions*'. In partial fulfilment of MSc in Counselling Psychology. University of Roehampton, Surrey.
- Jordan, L.F., Weinstein, S., Solner, L. & Wolanek, A. (2001) '*Solution Focussed Brief Therapy: applications to integrative practice*'. University of Roehampton, Surrey.
- Jordan, L.F. (2000) '*Domestic Violence Project: Audit and Outcomes*'. Crime Reduction Initiatives.

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Jordan, L.F. (2000-2011) *Working with survivors of abuse: Attachment, Dilemmas and Complexities*. 1 and 2-day workshop for multi-disciplinary mental health workers in adult mental health and social services. WSCC and NHS Worthing Priority Care mental Health and Sussex Partnership Mental Health.

Jordan, L.F. & Anderson, A. (1999) *Presentation to West Sussex Health Authority in Need for Specialist Service for Victims of Childhood Trauma*: Worthing, West Sussex.

Jordan, L.F. (1998) *Monitoring outcomes for survivors of child sexual abuse in attending a thematic support group*. Worthing, West Sussex. Peer reviewed and dispersed in-house through Worthing Priority Care NHS Trust, West Sussex.

Jordan, L.F. & Anderson, A (1998) *Worthing Survivors' Initiative: Demonstrating Excellence: 'Quality in Practice'* national award.

Jordan, L.F., Anderson, A. & Eacott, J. (1998) *Worthing Survivors' Initiative: 'Making a Difference'*: local award Worthing Priority Care NHS Trust.

Jordan, L.F. (1997) *Groupwork Presentation to Trust Board of Directors*. Worthing, West Sussex.

Jordan, L.F. & Anderson, A. (1997-2007) *Therapy Group Manual for Adult Survivors of Child Sexual Abuse*. Worthing, West Sussex. Peer reviewed and implemented on-going in-house Worthing Priority Care and West Sussex health and Social Care NHS Trusts.

Jordan, L.F. & Morrison, D. (1997) *Enlightened Witness Workshops- grieving and loss issues for adults abused in childhood*. Workshops, Worthing West Sussex. Submitted in partial fulfillment of 'Diploma in Working with Survivors of Childhood Abuse', Person Centred Workshops, accredited by Anglian Polytechnic University. Unpublished.

Jordan, L.F., Jordan, A.C., Morrison, D. (1996) *Is a specialist service for survivors of childhood abuse necessary?* West Sussex: results peer reviewed and dispersed within Worthing Priority Care NHS Trust, West Sussex.

Jordan, L.F. (1996) *Childlike Stories for Inner Children*. Worthing, West Sussex, unpublished.

Jordan, L.F. (1996) *Supporting Survivors of Child Sexual Abuse*: Presentation to Royal College of Nursing Board. London.